

Sally Ride ES: Explorer Monthly

January 2021 Edition

Upcoming Events

1/04/2021- **No School!** Teacher Workday/Student Holiday.

01/05/2021 – **Welcome back Explorers and Families! Happy New Year!**

Begins the 3rd marking period and starts the second semester

1/13 – Engage 360 Virtual Parent Academy. Information for registering posted on [ClassDojo](#)

1/13 – Virtual Magnet Tour with Mrs. Berriz @2:15 pm for all future Sally Ride Explorers

1/14 – *SAC Meeting @3:30pm. Members attendance is required.

1/14 – Monthly Storytime with the **Orlando Public Library!** A Storyteller will read live on BBB for all Sally Ride students @6:00pm. (Link will be shared ClassDojo)

1/18 – **No School!** Martin Luther King, Jr. Holiday (Schools and District Offices Closed)

1/25 – Airplane and Rocket Day at Sally Ride

1/26 – Virtual Literacy Night with Local Author Dianne Ochiltree @5:00pm and Parent Reading Workshop with Ms. Anjanette @6:00pm. Both events will be held Virtually on BBB. (More information and link will be shared on ClassDojo)

1/28 – Getting an “A” on Attendance Parent Meeting. More details will be posted on ClassDojo.



SEL Corner - News for Parents and Families



SEL Websites and Resources:

<https://bit.ly/2XGcnpj>

[HTTPS://CONSCIOUSDISCIPLINE.COM/](https://consciousdiscipline.com/)

[HTTPS://CONSCIOUSDISCIPLINE.COM/FREE-RESOURCES/FREE-FOR-ALL/](https://consciousdiscipline.com/free-resources/free-for-all/)

[HTTPS://CASEL.ORG/IMPACT/](https://casel.org/impact/)

[HTTPS://YOUTU.BE/YMDP8FHVZTO](https://youtu.be/YMDP8FHVZTO)

[HTTPS://WWW.YOUTUBE.COM/WATCH?V=Y2D0DA6BZWA](https://www.youtube.com/watch?v=Y2D0DA6BZWA)

[HTTPS://POSITIVEPSYCHOLOGY.COM/SELF-CARE-WORKSHEETS/](https://positivepsychology.com/self-care-worksheets/)

Parents & guardians have a major impact and play a vital role in SEL development & learning and that's why it's so important for adults to take care of themselves, because let's be honest., grown-ups have meltdowns too.

Practice social emotional learning daily.

Building important habits takes practice, and just as you brush your teeth every day, students and adults need daily opportunities to identify, express and manage their emotions. Our emotions and stressors change hour to hour and day to day, and it's important that we check in with ourselves and those around us in order to understand what we all need in order to work through those feelings and move through them together. -edsurge.com

Schools and families can work together to promote SEL in the classroom and at home through genuine school-family partnerships. This partnership involves two-way communication between teachers and families and the participation of family members in students' education both at home and in school. Caregivers can also promote SEL by reinforcing the skill development taking place at school. Research suggests that evidence based SEL programs are more effective when they are extended into the home.

(If you missed last month's issue: What is SEL? See December's Newsletter for all the details. Posted on our Sally Ride Website and ClassDojo.)

Check out OCPS weekly Student & Parent Tech Tips:

Every Wednesday a new digital tech tip is released [Parent Tech Tip video](#)

Information for 2nd-12th Grade Students:
Watch the [video](#) that your child received and on how to get tech help.

Kindergarten and 1st Grade Students Tech Tips:
Kindergarten and 1st grade students face their own unique tech challenges, parents or families can troubleshoot with learning how to submit tech request for their iPad in this [video](#)

Did you know ...Curriculum and Digital Learning has a Facebook Group? **Check it out!** [Facebook Group](#) specifically for the parents of LaunchED@Home students. Here is where tips, get answers to questions about the LaunchED@Home

- Popular Links:**
1. www.sallyridees.ocps.net
 2. <https://launchpad.classlink.com/ocps>
 3. <https://ocps.net>
 4. parentacademy.ocps.net
 5. www.spellingcity.com

Message from Mrs. Morgan- PEL News!
Hello Parents and Families,

Happy New Year and welcome back to another opportunity for growth and success!

Let's continue to encourage students to stay focused as we begin the third quarter and second semester. Parents reach out for assistance with Skyward or any other questions you may have. Continue to talk with your child about following all health and safety guidelines. It is very important for all of us to continue doing our part for in keeping everyone safe.

Sincerely, Mrs. Morgan. Email: jenny.morgan@ocps.net

Important Messages and Announcements:

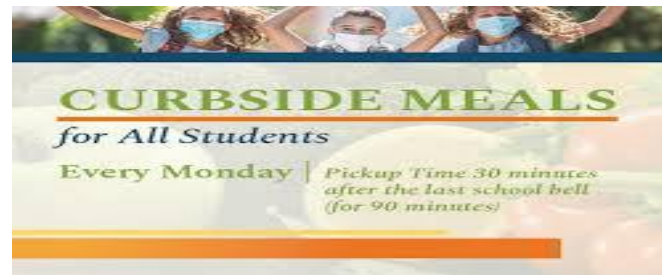
All school wide messages and updates will be posted on the Sally Ride website: www.sallyridees.ocps.net and social media sites- [Classdojo](#).

Visit the District website for frequently ask questions and answers, parent information and important updates: www.ocps.net

To keep all students and staff safe we ask all car riders, walkers and bikers to not arrive to school before 8:15 am to avoid the spread of the virus. Free Breakfast for all students served at 8:15 am. Late/tardy after 8:45 am. It is important for all students to arrive before 8:45 am.

Message from our Cafeteria Manager: Ms. Rosa,
 Students with allergies need to have a diet order form turned in to the nurses and the cafe manager, very important. If you have any questions please contact: **Ms. Rosa Alvarado -Food and Nutrition Dual Cafeteria Manager Sally Ride ES -**

News from the Food and Nutrition Services:



Orange County Public Schools' Food and Nutrition Services Department is offering a Curbside Meals Program for all children 18 and under! Curbside meals can be picked up at any OCPS school near your home. If you have children at different schools, you are able to pick up all meals at one site! The weekly distribution of curbside meals will be available on Mondays unless it is a school holiday. Serving times at all OCPS school sites will begin 30 minutes after the last bell and continue for 90 minutes. Elementary and K-8 schools (3:30pm -5:00pm) Middle Schools (4:30pm – 6:00pm) and High Schools (2:50pm – 4:20pm)

A SNAPSHOT OF THE LAST MONTH:



Photo 1: Students and Staff dressed in green for "Grinch Day." We did an activity of writing kind and positive messages to friends and family members on cut-out paper hearts to spread cheer and help the Grinch's heart grow 3xs bigger. Students really loved this.



Photo 2: As part of our *Holiday School Spirit* theme, students and staff wore flannel to represent the uniqueness and differences found in the prints and colors which is a lot like each of us. Being different makes us who we are!



Photo 3: On the last day of school before the winter break everyone came in their comfy and cozy pajamas for a fun & relaxing day of learning. It sure was nice to wake up and not get dressed! 😊

Thank You to all Stakeholders for supporting SRE!